

# HEALTH SCREENINGS



**Participate in your annual wellness screening at one of the Health Strategies locations annually and you'll receive:**

*\$100 from the Health Plan after your first exam*

*\$150 after your second exam (if you participate annually)*

*\$200 after your third exam (if you participate annually)*

*\$200 each year thereafter (if you continue to participate annually, without skipping a year)*

## **Local 110 Sponsored Annual Wellness Screening**

- *Wellvation Health Risk Assessment*
- *Physician Directed Exam*
- *Vitals*
- *Body Composition*
- *Strength and Flexibility Assessment*
- *Pulmonary Function*
- *Resting EKG*
- *43 Component Blood Chemistry & Urinalysis*
- *Treadmill Cardiovascular Assessment*
- *& Much More!*



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